



Care & Development
Organization (CDO)

Uplifting the People with Care

UPDATES - CDO PROJECTS

Care and Development Organization (CDO) is a grassroots Non-Government Organization working for underprivileged children, displaced people and single women of Nepal since its establishment in 2005.

It aims to care and develop of the people by education, mobile health clinics, awareness, vocational training, workshops, capacity and leadership building and interaction programs.

PROJECTS OF CDO-

1) Brick factories Outreach

a) Mobile Health Clinic & Awareness

Mobile Health Clinic with physician and medical supplies provides hut to hut healthcare with medicines and Health Awareness to seasonal laborers of seven brick factories.

These services are provided in lunch time, so that their working hours cannot disturb. And instructions for the prescribed medicines were written in symbols to overcome the literacy barrier



CDO has reach:-

- 3605 received medical care (Include eye and Dental)
- 3336 received health awareness
- 2567 received De worming
- 1500 received vitamin A
- 48 critical patients refer to hospital



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Brick factories Outreach



"The Nar Maya Budha, visited the mobile clinic of CDO with her sick baby. The health worker gave her some medicines and told her to give to the child after meals. Two days later, the health worker visited her and asked how the baby was doing. "I have not given the medicine because you had told me to give it after food," the woman replied. "I have no food at home and we haven't eaten for day. Due to rain we were not able to carries the bricks". No work, no food. Like her most of the worker have same story

B) Children Development Program (CDP)

CDP is a Day Care Centre that nurtures learning while distributing daily nutritious meals, provided non-formal education, regular medical care along with counseling, medicine, awareness and follow-up for children of six brick factory workers. This program starts in 1st Dec and end 30th May of every year as the brick making season start on mid of November and end on first week of June.



Brick factory to school.....

Sarsawati Tamang makes bricks in Kantipur brick factory. She said I was so much worried about my children, if I did not educated they have to make bricks like me ,They studied in CDP for six months and now my 4 children are studying in Kitini School. I am so much thankful for CDO for providing scholarship to them. They are doing very good in their studies.



Number of children get benefited from the program

In 2006-07 = 30 children
In 2007-08 = 30 children
In 2008-09 = 60 children
In 2009 -10 = 90 children

Out of them 40 were admitted in local government school in 2009



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C) Scholarship program



CDO provides scholarship for 40 children of brick factory workers who pass out from CDP. They were admitted in Kitini Higher Secondary School, Godawari, near to brick factories where their parents work. Along with school and exam fees, they were given stationeries for year, school dress, school shoes, school bag, regular check-up, medicine, health awareness and counseling.

D) WARM CLOTH DISTRIBUTION



The workers of the brick factories are the most deprived section from the remote area of the country. So 95% of them are illiterate. Long hours and meager pay hardly allow them to have two pairs of clothes. So due to it 80% of their children suffer from common cold, fever and pneumonia. In the record of CDO mobile clinic of 2009-2010, out of 10 newborn babies 3 died due to cold, damp and unhygienic huts they live. Workers hardly have warm clothes.

So keeping this in mind CDO distributes winter warm clothes to both their parents and children in every winter.

2) School Outreach

A) Holistic Learning Program:-



Nepal has one of the highest school dropout rates in the world, with nearly 70 percent of Nepalese children between the ages of 7 and 14 years, due to poverty, lack of proper guidance by the parents, illiteracy and unawareness of parents.

So in order to decrease the dropout rate, CDO has implemented a daily tutorial in Class 5 and 6 in Shree Buddha School for 80 students. Supply of educational materials, regular medical care and counseling are the part of the program.

Teachers work with students to develop the English language skills through comprehension skills and drama activities, grammar and mathematics skills. The emphasis of the program is not only on teaching, but also develops an appreciation among students for the art and fun of learning through extra activities.

322 students get benefited from this program.



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School Outreach

B) Capacity Building:-



CDO Clay Cards! Cards that are kid created with bricks dust from the brick factory where many internally displaced and migrant children and adults find seasonal work. These beautiful greeting cards are created by local government school children as a fundraiser for school fees and stationeries of the displaced and poor children whose parents cannot afford to pay for the school fees and education supplies. To see the sample please do visit- <http://caredevelopment.org/Shop/>

C) School Health Education:-

CDO aimed to promote the health condition through the health awareness, interaction program and first aid treatment in 5 local governments School of Godawari VDC- Shree Buddha Sec. School, Kitini Higher Sec. School, Phulchoki Higher Sec. School, Siddheshwor lower Sec. School, Phulchoki Primary School, where 95% of the students are from the poor financial background and 70% of their parents were illiterate.



School health program, which consists of six components:

- Health education through posters and pamphlets.
- Individual health Counseling
- De-Worming and distribution Vitamin A
- First aid treatment.
- Herbal treatment which is locally found.
- Health promotion for school staff.

And Promote life-long healthy behaviors practice

8168 students got opportunity of health awareness, counseling and first Aid treatment from 1st July 2009 to 30th July 2010



Rashmi Maharjan of class 5 says - *“My younger brother always suffer from diarrhea ,this awareness and pamphlets helps me to know more about it and became easier to spread the knowledge to my friends, families and community.*



School Outreach

C) Hand Wash Campaign

United States of Centre of diseases control reported that “hand wash is single most important means of preventing the spread of infection” (2005).

Hand wash campaigns are conduct in 5 local government school- Shree Buddha Sec. School Kitini Higher Sec. School, Phulchoki Higher Sec. School, Siddheshwor lower Sec. School, Phulchoki Primary School of Lalitpur. Health worker with her assistant explained the path of disease transmission in detail and the barriers to disease transmission using posters to facilitate getting the message across were very effective. The students are asked to do demonstration by them at the end.



D) School health and Nutrition program:-

School Health and Nutrition Program is an important component for achieving its goal “Good Health, Good Education and Good children”.

Every day, a glass of milk are provided to each of the 100 kids age 3-5yrs of carpet factory and brick factory workers attending pre-school class in Shree Buddha Lower Secondary School of Badagoan, Lalitpur.

To improve use of school-based health and nutrition services, physical check-up, First Aid service, De-worming and promote life-long healthy behaviors through training of proper technique of hand washing, brushing, Hygienic maintenance and safe drinking water and sanitation are the core elements of the School Health and Nutrition model



Bishnu pariyar said “After getting milk my son became more active and every morning he show how to wash hand



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Community Outreach

A) Women Empowerment:-



Bead earring

CDO offers skill development programs for the displaced and single women to increase the average income. Training days are organized to teach these women how to make designs beaded accessories including necklaces, bangles, purses, bracelet and earrings. Following the training the women are given the required materials and price depending on the complexity of the pattern.

The projects increase the confidence level within the women, and allow them to supplement their wages without introducing unreasonable time. The money earned helps them to buy for their survival. To see the product please click <http://caredevelopment.org/Shop/>



Words of Devika Thapa:-Beads program helps me to send my child back to school and even developed self confidence and encouragement on me

B) Community Medical Health Program

One of the major problems in rural communities is the lack of awareness on health, sanitation, environment and education. The multiple problems have posed a big threat in the health of the people and the community environment in general.

The program focuses for the displaced people living in slum area, working in carpet factories, marble queries and stone queries. These programs have two parts



1)Health Awareness is an integrated preventative health and life skills development intervention that aims to improve awareness and skills in relation to nutrition, personal hygiene and sanitation, safe drinking water, sexual and reproductive health, HIV/AIDS, communicable and non-communicable diseases, flu, Filariasis, malaria and civic awareness. Poster and pamphlets were used to overcome the literacy rate and spread the message easier and faster.

2) Mobile Clinic:-It provides basic primary health services, with counseling, timely follow-up with medical supply. Home visit are done for the pregnant women. Completed cases of the pregnant women are taken to hospital by the health worker.



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Care Family Home



To bring up the helpless 10 displaced children forward and to ensure them the opportunity to enjoy their childhood through formal education, nutritional food, regular check-up, and awareness opportunities and provide them safe and healthy accommodation for their growth, Care Family Home” was started

When all the children steps in care family home, they were physically, emotional and mental disturbed as they were the victim of conflict. After of homely environment of 5 yr all the children have grown healthy, well discipline and got good result in their academic.

Dipendra Shahi, Bishnu Tamang and Suresh Maggi got distinction (Above 80%) and Tulraj Budha, Anil Thapa, Abhishek Ghimray, Sujata karki got 1st division with first in their respective classes in the final examination held on March 2010.

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Thank you so much for your support to provide this care and development service to thousands of men, women, and children struggling for basic survival in brick factories, carpet factories, slum area. And hope to have your continue support in future

Arati Basnet, Coordinator CDO