



Care and Development Organization

CDO Projects

• Brick factory Outreach.

- ❖ Mobile health clinic & awareness
- ❖ Children Development Program
- ❖ Eye & Dental camp

• School Outreach.

- ❖ Holistic Learning Program
- ❖ Scholarship program
- ❖ Capacity building
- ❖ School Health and nutrition program
- ❖ School health education
- ❖ Hand wash campaign

• Community Outreach.

- ❖ Women empowerment
- ❖ Community medical /health program

• Care family Home

It has been five year Care and Development Organization (CDO) providing services in health, education, income generation and leadership building to the needy people of Nepal. During this period of time we are able to achieve most of our goal and trying to extend our programs for more needy people.



Awareness on reproductive health



Medical check-up for brick workers

CDO run **mobile health clinic and awareness** with health worker and mobilizer with medical supplies moves hut to hut, providing healthcare and awareness access to laborers at seven brick factories start with the start of brick making season from 1st Dec 2010 and will end on 30th May with end of brick making season.

During the off season of brick making we shifted the program to the communities, 5 carpet factories and to 3 local government schools- shree Buddha school, Phulchoki primary School and Siddheshwor lower secondary school of Godawari, Kathmandu.

Till 30th Nov 2010 Mobile health clinics has reached 4106 brick & carpet workers with medical care and 3336 with health awareness. To see the report of Mobile Health clinic of 2009-2010 please do click- <http://caredevelopment.org/5/Mobile-Clinic.php>



Free medical camp was conducted in coordination with Dr. David E Monahan - Map International for the brick and carpet factory workers on 31st Oct & 1st Nov 2010 in Badagoan and Kantipur brick factory, Godawari Kathmandu. The total number of patients in carpet factory was 57 and brick factory were 37. We all feel blessed to have Dr. David E Monahan and his medical team, all the volunteers and MAP International for your service and medicines to the needy people of Nepal. And hope to have continued support in future.

To read more please do click below link.

<http://caredevelopment.org/News/index.php> -free medical camp Nov 2010



Maya Nepali in pink dress talking to co-ordinator Arati basnet says “This is second year of my son in CDP. This year he brought 5 of his friends saying that they get food and ball to play. Before he was very naughty, after coming to CDP he became good, he teach his sister good things. He always asked me whether I wash my hand properly or not before serving food.



As usual **Children Development Program** start on 3rd Dec 2010 for six months with its theme- “*Good health good education good children*”. This year we have increase the target group to 120 children of brick factory workers. On the evaluation and recommendation of CDP of 2009-2010, health education subject were added. CDP is a Day Care Centre that nurtures learning while distributing daily nutritious meals, Providing non-formal education, regular health care with follow-up, hygienic maintenance, health education and admitted them to formal education after the program

Till 30th May 2010, 210 got benefited from this program and at present 120 children were getting benefit from this program. To see the report of Mobile Health clinic of 2009-2010 please do click the PDF file of - <http://caredevelopment.org/6/Childhood-development.php>



Fourth year of **Holistic Learning Program** in Shree Buddha lower secondary school.

The mission of the program is to retain the students into the formal schooling develops the art and fun of learning through extra activities and provide medical care with medicine and medical counseling and develop their self confidence and leadership through counseling.

272 students got benefited from 1st Sep 2007 to 30th Oct 2009 and at present 80 students are getting from HLP.



Sanu Napit, Vice Principal of the Shree Buddha School speaking in children day

“In 3 years of HLP I found very positive changes in students. They started enjoying their studies, number of absence decrease & indirectly helps to increase the number of students in School.



Since 2006 CDO is providing full **Scholarship** for the underprivileged children and brick factory worker's children in Kitini H.S. School. School dress, shoes, stationeries, bag and all the school fees are provided by CDO.

Monthly monitoring, consult with the school teachers and counseling with parents & medical care helps improve their studies and make them forwarded.

Sangita Lama helps her mother making brick after school and cooks food for her family. She said with smiling face –“I left school three years ago, Now I got change to study again .I study in cl -1. I am big in my class, I don't feel shy, but I feel lucky to study again”.



School Health and Nutrition Program (SHNP) is an important component achieving its theme “*Good Health, Good Education and Good children*”. 80 pre- school students were provided a cup of milk every day in Shree Buddha School. To promoting the life-long healthy behaviors practice like personal hygienic, technique of hand washing, and SODIS water are the one of the mission of the SHNP. As a part of program awareness of maternal care and training of preparation of nutrition food were given to parents.

Along with SHNP CDO aimed to promote the health condition through the **Health Education**, interaction program and first aid treatment in 5 local Governments School of Godawari VDC where 95% of the students are from the poor financial background and 70% of their parents were illiterate. To know more about the program please do click below link
<http://caredevelopment.org/29/School-Health-program.php>

6754 got health education from 1st July 09 to 30th Dec 2010

1432 got De-worming from 1st July 09 to 30th Dec 2010

CDO Nepal (WORKSHOP) on
Health, Nutrition & Hygiene Education
 On 28th August 2010
 Buddha Sec. School, Badegoan.



Ram Maya Tamang mother of Suresh Tamang of SHNP said –

“Once I asked my son to wash his hand just with water as the soap was finished and shop was little far, he refuse to wash his hand and cried until I brought new soap from shop. At first I got angry, but later on feel good that he learn such a good things from CDO madam.

Even in health workshop I learn proper technique of hand wash, preparation of nutrition food and SODIS water which was very new to me. This is very important in our daily life. Such a good program should be extending to other government school students and to their parents.



CDO run the **Hand wash Campaign** in 5 local government school- Shree Buddha L.S.School, Shiddheshore L.S.School, Phulchok P.School, Kitini H.S School and Phulchoki H.S.School of Godawari VDC with slogan ***“Wash your hand and be healthy”***.

Proper techniques of hand wash are taught to all the students from class nursery to class 10. Pamphlets of hand washing were distributed to spread the message across were very effective.



On the occasion of **World Aids Day** (1st Dec), CDO Nepal organized rally by students and teachers of schools, local community, local police and CDO staffs in Godawari. To spread the message to the wider audience inter-school open writing competition on HIV/Aid was conducted. Program was ended with the speech on the awareness of HIV/AID by the CDO Health workers to the students.

A week Health Workshop was conducted for 1650 carpets and brick workers, displaced people of slum area and local community of Godawari VDC. Women are more focuses in this program, as they can be good medium to spread the message. General check-up with counseling and follow-up was done to need women.



Topics on workshop were maternal and child care, nutrition good, personal hygiene and sanitation, safe drinking water, sexual and reproductive health, STI, HIV/AIDS and communicable & non-communicable diseases. Special training were given on-Hand Washes Technique, SODIS (Solar water disinfection), preparation of Sarbatham Litho & satu (mixture powder of eight different grains) for the baby. To see the report of it click-<http://caredevelopment.org/News/index.php>-Health workshop Aug 2010.

Care family Home steps in 5 yrs in 2010 providing displaced children safe and healthy accommodation for their growth and has been providing good formal education. Different culture celebration and homely environment made them all the children truly part of a family.

Care Family Home children- Bishnu Tamang class-3 got 81.69% (distinction), Suresh Maggi class 3 got 76.30%(1st Div) and Abhisekh Ghimray class 5 got 69.28% (1st Div) and Anil Thapa class 5 got 50%(2nd Div), Tulraj Budha class 6 got 45.12% and Dipendra Shahi class 8 got 71.05%(1st Div) in second terminal exam held in examination 2nd and 3rd week of Nov 2010.



WISH YOU ALL HAPPY NEW YEAR 2011

Thank you so much for your support to provide this care and development service to thousands of men, women, and children struggling for basic survival in brick factories, carpet factories, slum area. And hope to have your continue support in future.

All the CDO friends and donors are always welcome any time to see how we ran CDO programs. Your visit and your suggestion add strength to provide more service of care and development

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