

CDO Achievement 2014



Namaste!

Greetings from the CDO family! This past year special attention was given to the development of children and women's health. We have seen significant growth in the number of people we are able to extend our services. We have established a sense of trust among our community thus enabling us to expand outreach program. For the future we would like to be able to extend the scholarship program, continue with the successful "Packets of Love" to provide incentive for more mothers to seek out hospitals for safe deliveries, to employ more teachers, and to encourage more both national and international to volunteer.



Painting of Lakha by the student in "Himalayan View" painting competition

Children Development Project (CDP)

CDP is a day-care centre that provides an informal education, two nutritious meals a day, distribute clothes, as well as regular health care to the children of the brick factory workers.

In 2006, CDP served only 30 children from a single brick factory, and now in 2014 we have been able to extend our programs to 160 children from six different brick kilns. 10 of these children were awarded scholarships to continue their educations and attend government schools. Scholarships have been extended to a total of 47 children of the brick kilns.

CDO have been running **School Health and Nutrition Program (SHNP)** since 2010, we provide the children with a glass of milk every day, personal hygiene kit and health education. SHNP is to save the children's early childhood development and basic education efforts, helping children be healthy to learn and learn to be healthy with developing physical, mental, emotional and educational status

CDO aims to equip these children with the educational and developmental tools necessary to break out of the cycle of poverty and disease.



"My two daughters Rabica and Rashma attended CDP and got a scholarship and now study in a government school. We could even save Rs 25,000 (\$260) this year as we could work without being disturbed by my children. Thank you so much for scholarship and everything." Milan Bhujal Bol Bom

Mobile Health Clinic Awareness (MHCA)

CDO's MHCA addresses the health care to 10,326 men, women, and children of the brick factories, carpet factories, old age homes, and community schools of the Lalitpur district. These individuals are often malnourished, and most do not have access to adequate, inexpensive healthcare. Those working in factories are extensively exposed to harmful substances and unsanitary conditions.

CDO employs one health worker and one mobilizer fully dedicated to this project. Together they visit each outreach site regularly providing mobile healthcare services with medicines and facilitate health education/workshops and training. If a patient cannot be treated in the field, the patient is accompanied to a hospital for treatment with the financial support by CDO.

We also extend these services to 10 remote villages of the Kavre district, Nepal under our **Mobile Health Project (MHP)**.



This year's achievements:

- **23 Uterus Prolapsed Operations** done in coordination with the government of Nepal.
- **30 Cataract Operations** done in coordination with the government of Nepal.
- **5 eye camps** reaching **2,048 people** and the distribution of **930 eyeglasses** and did.
- **84 people tested for HIV**, 7 of them tested positive
- **169 children below 2 yrs** received **Childhood vaccinations**
- **11,509** got **health checkup** with medicines and follow-up.
- **6,221 participation** got **health training** and became able to spread health message and even provide first aid services in case of emergency.
- **8,108 participation** got of **health education** beneficiaries:
- **Among regular care of 68 pregnant women** 24 gave **safe delivery** in hospital on the support of CDO Nepal.
- **153 Referral** to hospital with support of CDO Nepal.



"Kanchi Maya Tamang, 75yrs old suffered from Uterus prolapsed for 40 yrs and came for a health education, counseling by the Mobile health service. Her successful operations encourage more women to share their health problems with us and come for check-up. Like her may women suffered in silence for years. Health education and counseling is key to ending their suffering".

Safe Motherhood and Child Care

CDO Nepal's Safe Motherhood and Child Care (SMCC) program works with pregnant women, mothers and children in 18 brick factories and 6 very remote villages in the Lalitpur district. The program focused on safe motherhood practices, education and training, medical care and referral to hospital to decrease the mortality rate of women and children.

CDO staff made regular visits to the SMCC project sites providing medical services for pregnant women and post natal care included regular check-ups, prenatal testing and vaccinations.

According to the data of local health post of remote village (Dhukuchhap) after implementation of the SMCC in one year, number of the patients have been increase of 31.92% to come check-up due to more health education and counseling ,people started to relying on medicines than traditional healing methods. Needless to say, this is a significant increase in a very short span of time.

In recognition of our efforts, CDO Nepal was given the **Award Certificate for Excellent Service** by the District Public Health Office, the local health posts, and the central government of Nepal.

Thank you so much for your support to achieve this Award .



*Village health workers with CDO executive Director Arati Basnet with Fr.Joe receiving **Award of Excellence Service** .*

Ranju, pregnant women with an underdeveloped child. She attended education , training and did regular check-up with follow-up and was supplying nutrition .

"Thanks you so much for the safe motherhood education and for taking me to the hospital. If I did not get this opportunity my baby would not be with me . You gave me & my baby new life".





Patients after Cataract Operation in Eye Hospital , Nepal

CDO Nepal is a nonprofit, non-governmental organization that depends on your support to continue its mission of connection. CDO Nepal able to provide the services due to your generous support.

We are always thankful for your donation and we pray for your support in the future who are struggling to provide basic necessities for the survival of their families. With your help, we are able to save hundreds of lives.

We would also like to give special thanks to our many volunteers from this past year who have supported our mission; Gabriella Smith , Nicholas Carlsen, Heather Coleman , and Brigitte Knor.

Please see our volunteer view <http://cdo-nepal.blogspot.com/>

Thank you so much!

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